

Rubric

Criteria	Questions to Consider	Value	Your Grade
Study Session Structure			
Subject/Topic & Learning Goal	Did you clearly identify a specific subject/topic? Is your learning outcome measurable and realistic? Did you explain how you will measure success?	10%	
Time Management & Chunking	Is your session length well-justified based on attention span and material difficulty? Did you break the session into logical chunks? Are specific activities listed for each chunk? Is there a complete materials list for each chunk?	15%	
Breaks	Is your break frequency clearly stated and justified? Does it align with the attention span and material difficulty?	5%	
Environment	Did you thoroughly describe your study environment with clear rationale? Did you identify specific distractions to remove with explanations?	5%	
Application of Conditioning Theory (<u>only need to satisfy one of the below</u>)			
Classical Conditioning	Did you identify a specific emotional response and trigger? Did you explain how this pairing will increase motivation/focus? Did you use correct terminology?	30%	
Operant Conditioning	Did you clearly identify whether you're using positive or negative reinforcement and why? Did you specify what you'll use and how often? Did you explain how this will help motivation/focus? Did you use correct terminology?	30%	
Reflection			
Justification of Choice	Did you provide a thoughtful, personalized explanation for why your chosen technique is most effective for you? Does it demonstrate self-awareness of your learning preferences?	10%	
Connection to Behaviourism	Did you demonstrate understanding of how your strategies reflect behaviourist principles? Did you use accurate terminology and make direct connections to theory?	10%	
Adaptability	Did you provide detailed adjustments for different or more complex subjects? Does this show flexibility and ability to transfer learning?	5%	

Overall Presentation			
Completeness & Clarity	Are all components thoroughly addressed? Is the final product polished?	10%	
Total		100%	

Comments: